

## First Aid at Work

### Course information:

It is a legal requirement that companies with more than one employee working at any location to undertake a first aid risk assessment to determine the number and type of first aiders that are required to provide adequate first aid cover.

Our First Aid Requirements Calculator will help you identify how many first aiders your company needs, the qualification they require and where they should be located, just give us a call and we send you a link to our Calculator immediately.

### Who is the course for?

Our comprehensive Ofqual regulated qualification courses are for employees who are required to act as a First Aider at Work.

### Course objectives:

- ✓ *The course has been designed to equip the First Aider with the skills necessary to give effective life support, treat injuries or illness & maintain the care and comfort of the casualty.*
- ✓ *Students will learn a high level of practical skill & theoretical knowledge so that they can deal competently with any first aid situation that may arise in the working environment.*

### Course content:

- Understand the role of the first aider including reference to the importance of preventing cross infection; the need for recording incidents & actions & the use of available equipment
- Assess the situation & circumstances in order to act safely, promptly & effectively in an emergency
- Administer first aid to a casualty who is unconscious, including seizure
- Administer cardiopulmonary resuscitation (CPR)
- Administer first aid to a casualty who is:
  - Choking
  - Wounded & bleeding
  - Suffering from shock
- Provide first aid for injuries including Injuries to bones, muscles & joints, including suspected spinal injuries, chest injuries, burns, scalds & eye injuries
- Sudden poisoning & anaphylactic shock
- Recognise the presence & provide appropriate first aid for major illness including heart attack, stroke, epilepsy, asthma & diabetes.

### Duration:

Initial Course: 3 Days

Refresher Course: 2 Days



*Your first choice for quality training*

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