

## Basic Ladder Safety Awareness

### Course information:

This course is designed to provide candidates with a greater awareness of the inherent dangers in ladder use in the workplace. V-Boards can be included in our course if appropriate.

This course is suitable for novice or experienced users of ladders.

### Who is the course for?

This course is intended for operatives and / or supervisors who are expected to inspect, use and manage the safe use of ladders and step ladders during the course of their work

### Course objectives:

To enable course members to understand:

- ✓ *How to select the appropriate work at height equipment for the task they wish to undertake*
- ✓ *How to assess and determine when it is appropriate to use ladders & step ladders*
- ✓ *How to inspect ladders & step ladders for damage*

### Course content:

- The Health & Safety at Work Act 1974 & The Provision & Use of Work Equipment Regulations 1998 (PUWER)
- Health & safety awareness, risk assessments & permits
- The Work at Height Regulations 2005
- Hazards & near misses
- Causes of accidents & accident prevention
- Inspection of ladders & step ladders
- Daily checks
- Record keeping
- The types of ladders in use & the selection of the correct step ladder or ladder for the task required
- Setting up & using the ladder & step ladder
- Storage

### Duration:

½ Day

### Accreditation options:

National Plant Operator Registration Scheme (NPORS)



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