## Safe Working at Height

Course information:

This course is designed to provide candidates with a greater awareness of the inherent dangers of working at height using work equipment such as ladders or mobile scaffold towers.

Who is the course for?

This course is intended for anyone who needs to work at height or managers & supervisors who manage employees working at height.

Course content:

- The Working at Height Regulations 2005
- What is working at height?
- Planning working at height
- Health & safety awareness, risk assessments & permits
- Selection & use of work equipment
- Communication
- Rescue plan
- Reporting procedures
- Selecting the correct PPE (Personal Protective Equipment)

**Duration:** 

½ - 1 Day, dependent upon experience

Accreditation options:

Lantra Awards

National Plant Operator Registration Scheme (NPORS)



Ground Floor Office Unit 13 Dale Valley Gardens Southampton SO16 6QT

**(1)** 023 8077 4319 **(1)** 0845 299 1028

**10** 077 8753 8242

email@dalevalleytraining.co.uk www.dalevalley.training.co.uk

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